December NEST Activities

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1. Education
	1. Oil Spill

<http://scienceafterschool.blogspot.com/2012/07/oil-spill-connecting-stem-activities-to.html>

1. Social Development
	1. Guided Imagery: Pick your topic

<https://www.greenchildmagazine.com/free-meditation-guided-relaxation-scripts-kids/>

1. Health and Hygiene
	1. Fun Facts Activity Sheets (find on website)